

JOIN NO SHAME ON U AND L'CHAIM CENTER

TEEN MENTAL HEALTH AWARENESS GROUP

SUNDAY, JANUARY 26, 5:00PM - 6:30PM

L'CHAIM CENTER - DEERFIELD PARK PLAZA
405 LAKE COOK ROAD, SUITE 207, DEERFIELD



WE ARE DEDICATED TO DESTIGMATIZING MENTAL HEALTH ISSUES. IF YOU HAVE A MENTAL HEALTH STORY TO SHARE, AWESOME! IF YOU ARE AN ALLY, ALSO GREAT! ALL ARE WELCOME AND MAKE SURE TO BRING FRIENDS!

KOSHER DIETARY LAWS OBSERVED.

No Shame On 
Mental Shift. End Stigma. Save Lives.



MORE INFO AT WWW.NOSHAMEONU.ORG/EVENTS